



Dreamscapes

PARUL MEHRA



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A solo story of artworks

Open Palm Court Gallery
India Habitat Centre
Lodhi Road, New Delhi

19-21 NOVEMBER 18
10AM -8 PM



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Dreamscapes... & the planes in between...

As I introduce you to my latest series of mixed media works, I take the liberty to quote one of my all time favourite artist, who is internationally renowned & legendary the world over, Ms. Frieda Kahlo: "They say I'm a surrealist but I'm only painting my dreams..."

The artworks in this catalogue resonate with that very idea!

These works are a reflection of that subconscious state of mind, where dreams & reality merge. A middle realm, lucid & fluid.

The reflections within, compel us to wonder, that are dreams a projection of our fantasies or a reality check of our current state of mind ?

What are dreams?

We all dream & some dreams scare us. They are the vivid depictions of our deepest fears, some are delightful dreams, making us feel elated. Being played out like a movie, with no control of our own & projection of varied images being flashed across our

mind scapes!

Some maybe implying a wish fulfilment or a deja-vu like situation, some even occurring when the eyes are wide awake. Each dream is a blurred story, with no comprehensive beginning or end. It is a fascinating natural phenomenon & hence the theme of my 5th solo show.

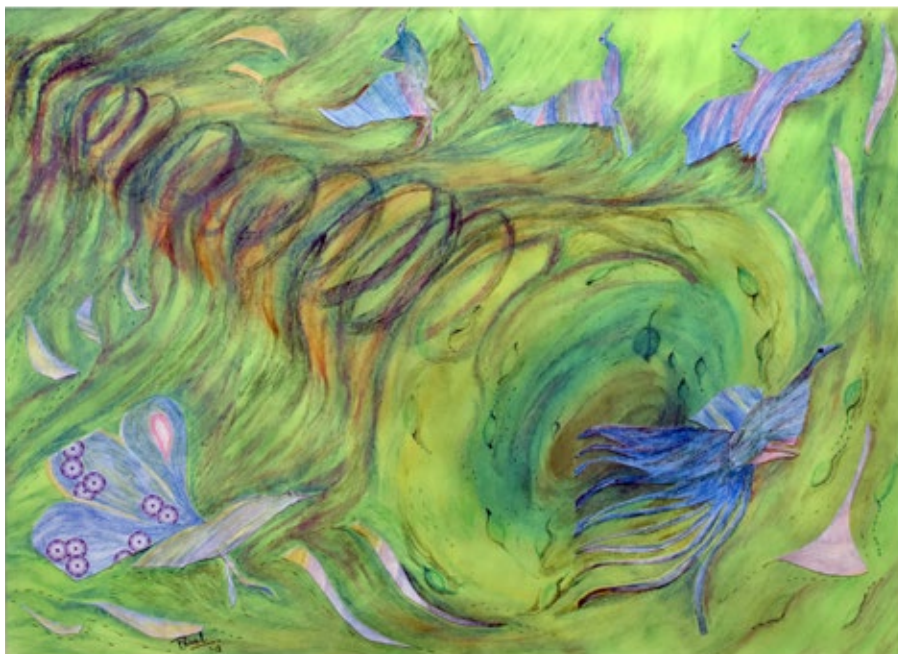
My art style is multi-dimensional & not linear. With myriad shades & musings, depicting a multitude of expressions. The strokes & shapes depict my state of being at that point in time. I believe that a happy artist is a beacon of positivity & that's essential for great art to emerge! Art is a powerful tool of expression & interaction.

I for one , am an intrinsically blithe individual, which is reflected In the colour palette I use.

I do hope you enjoy viewing these artworks as much as I enjoyed creating them !

Parul Mehra

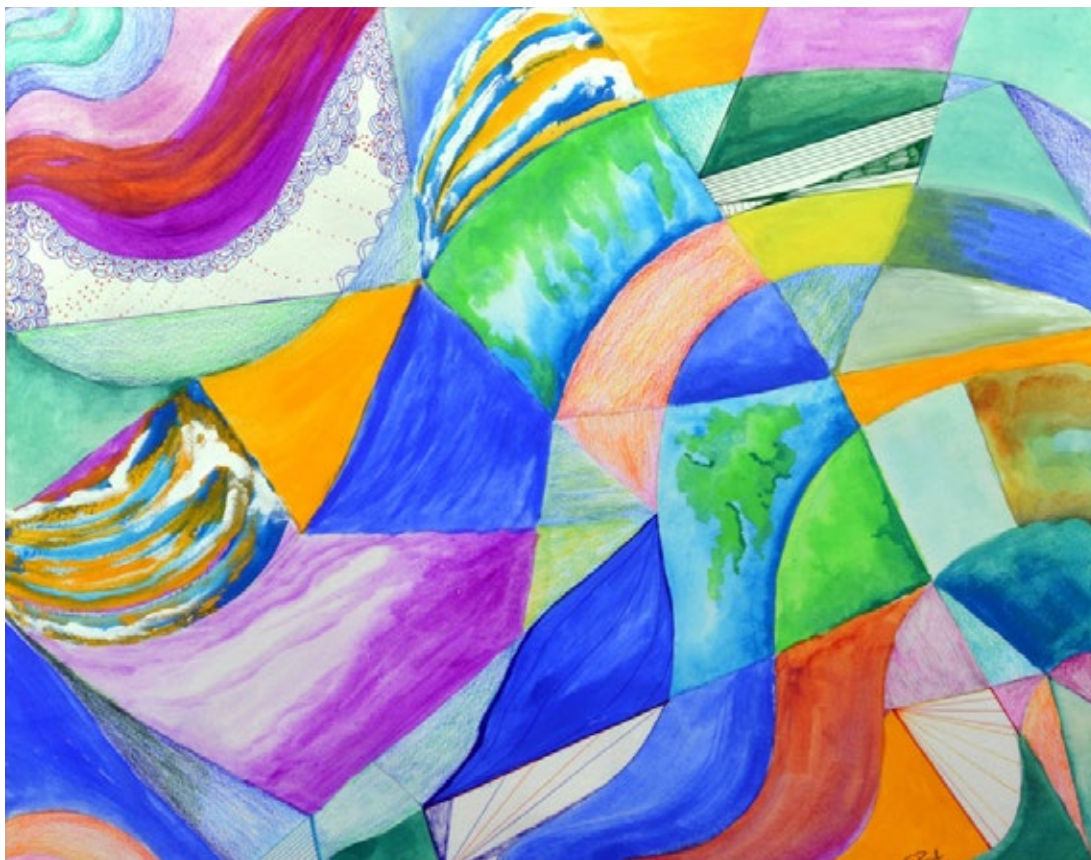
November 2018



A Stormy R.E.M
Mixed media on paper; 17" x 22.5"



Energies in the head
Acrylic on paper; 11.7 x 16.5"



Structured Thoughts
Mixed media on paper; 20.5 x 25.5"



Sub-conscious safety net
Mixed media on paper; 20 x 24"



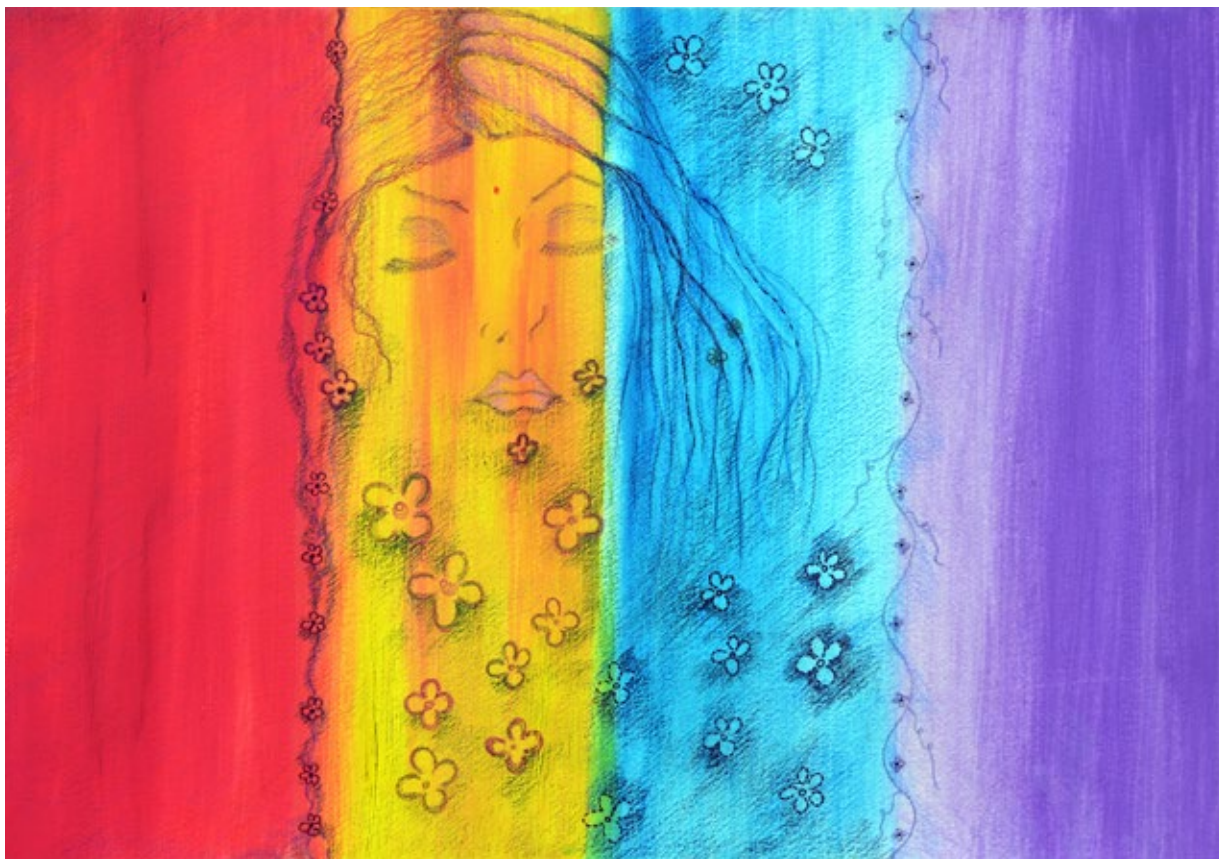
Immersed in Bliss
Mixed media on aquarelle sheet; 11.7 x 16.5"



Transition in sleep
Mixed media on paper; 20 x 24"



Choose Sub-consciously
Mixed media on aquarelle sheet; 11.7 x 16.5"

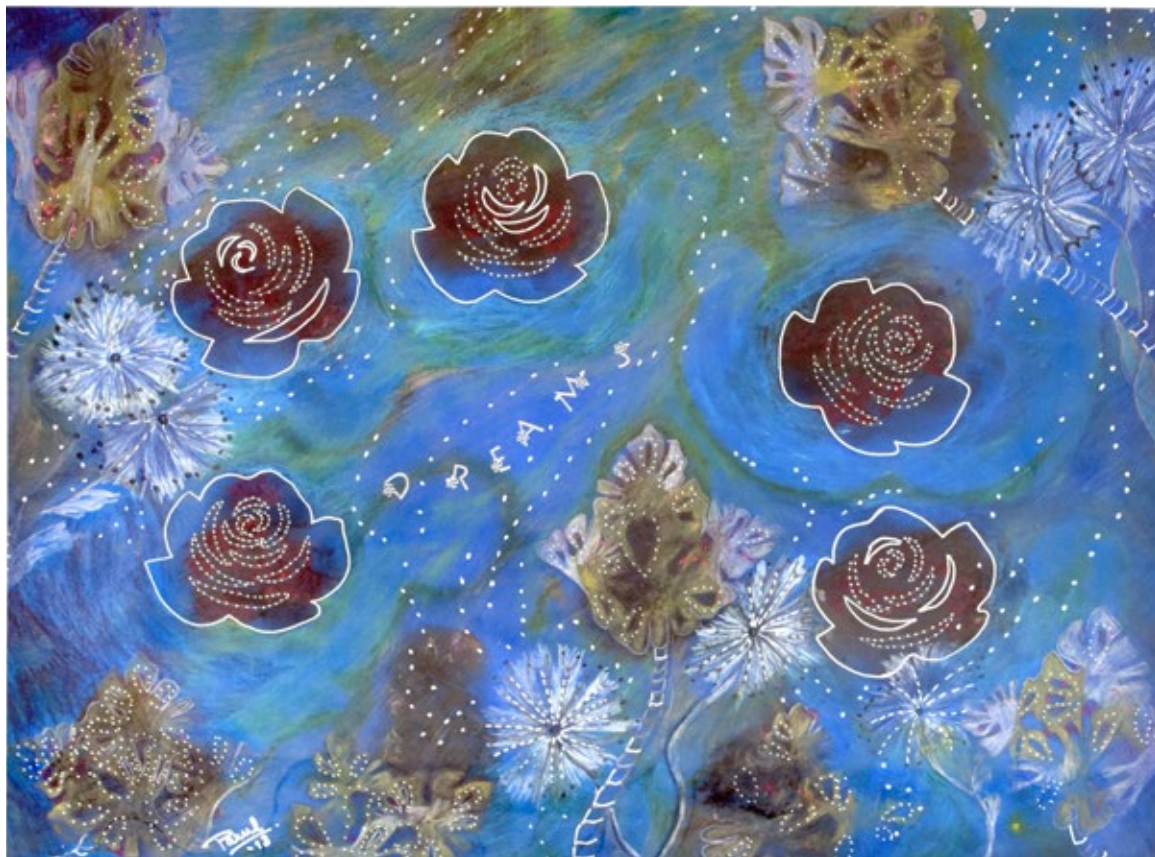


The blessings descend
Mixed media on aquarelle sheet; 11.7 x 16.5"





Dream Flakes 1-3 (L to R)
Mixed media on pastel paper; 8.5 x 11" each



The Four Dream Flakes
Mixed media on pastel paper; 17 x 21.5"



The Flowering Memories
Acrylic on canvas; 36 x 48"



The blessings are received
Japanese rice paper on Italian canvas; 16 x 16"



The blessings are showered
Japanese rice paper on Italian canvas; 16 x 16"



Yearning for the Sun
Japanese rice paper on Italian canvas; 16 x 16"



Yearning for the Moon
Japanese rice paper on Italian canvas; 16 x 16"



The Golden Light
Acrylic on canvas; 18 x 48"



The Silver Light
Acrylic on canvas; 18 x 48"

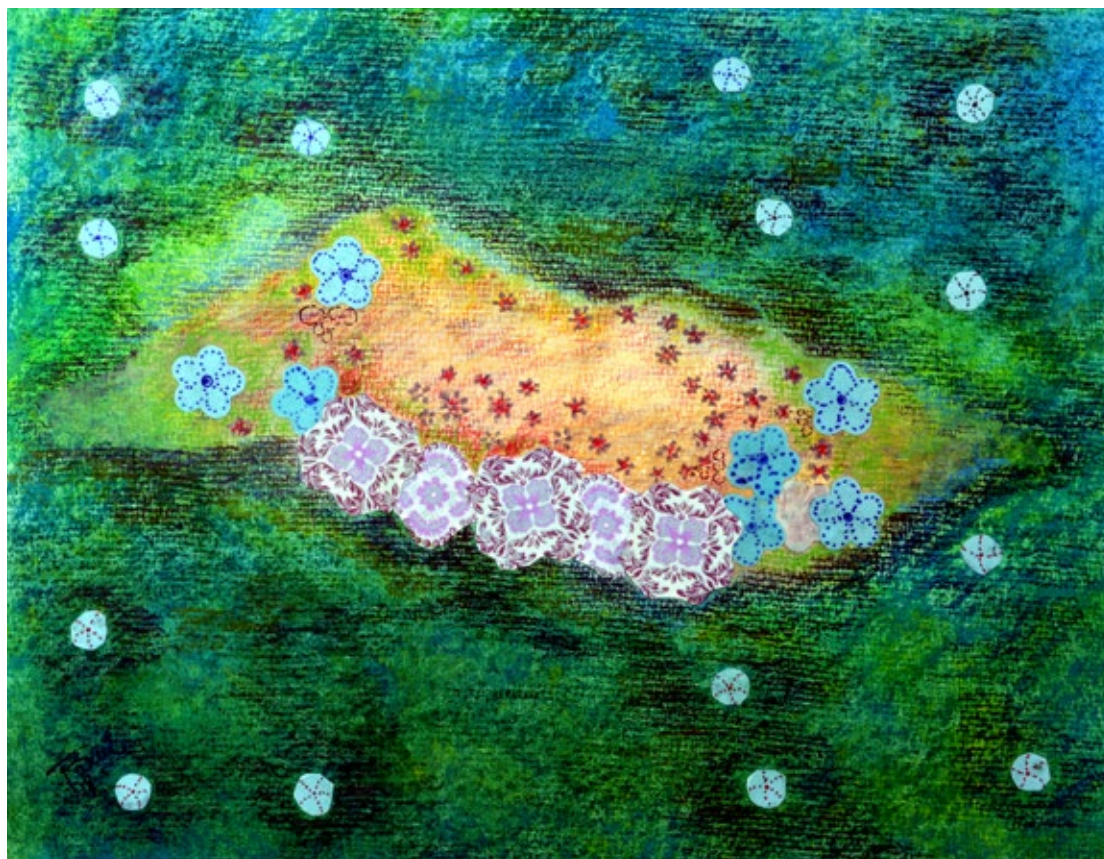


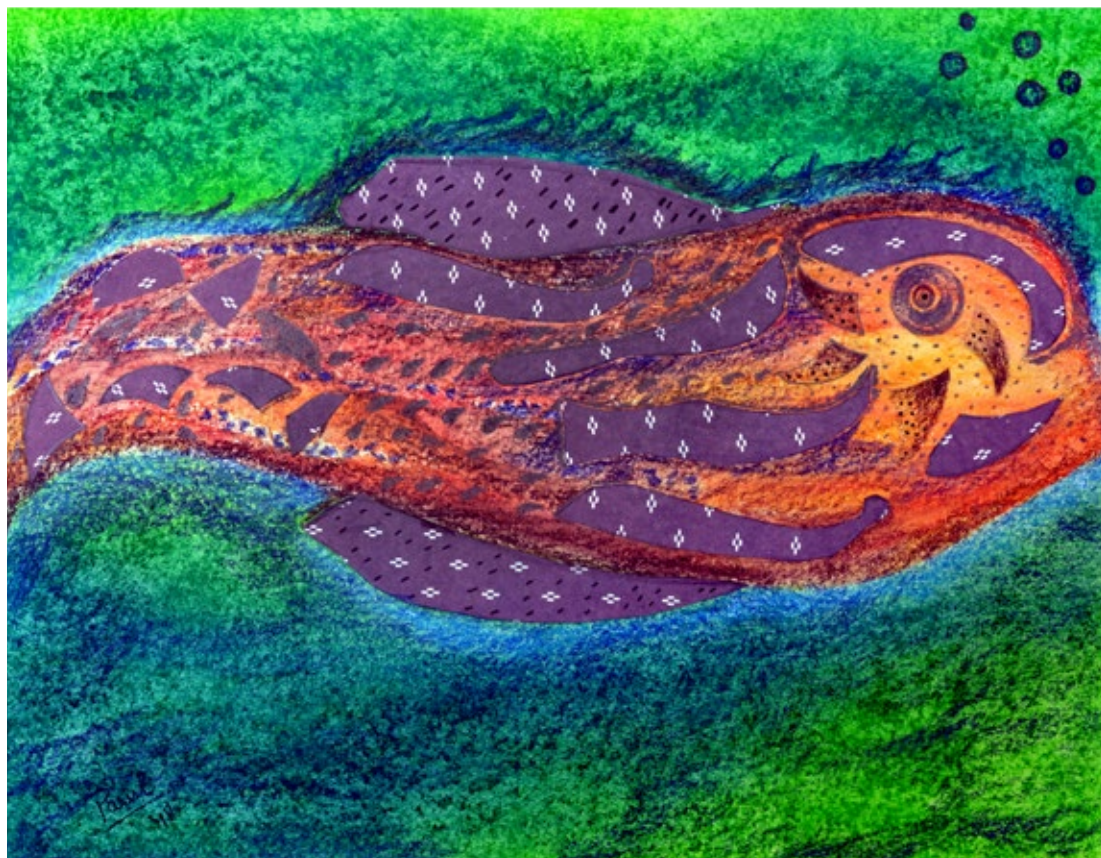
Cyano Dreams 1-3 (L to R)
Cyanotypes on paper; 8.5 x 11" each

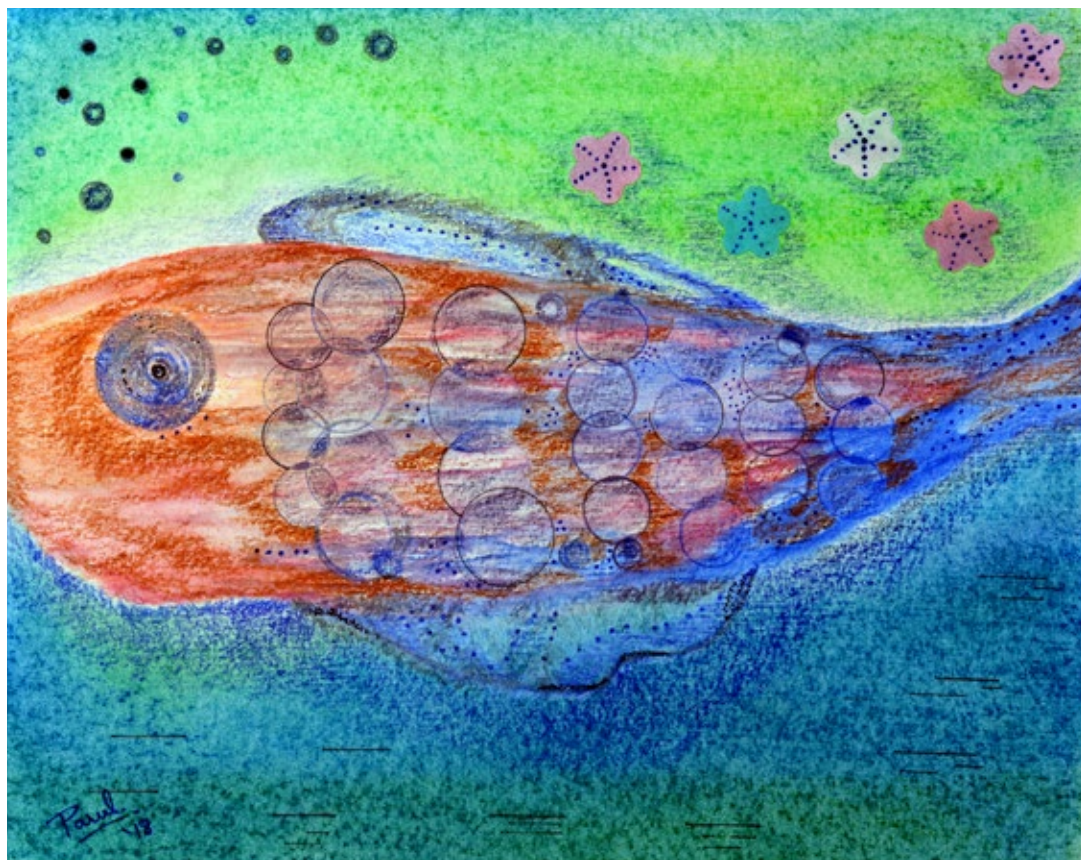


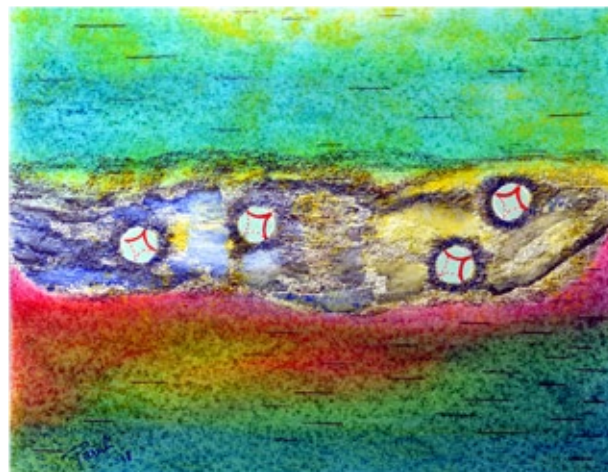
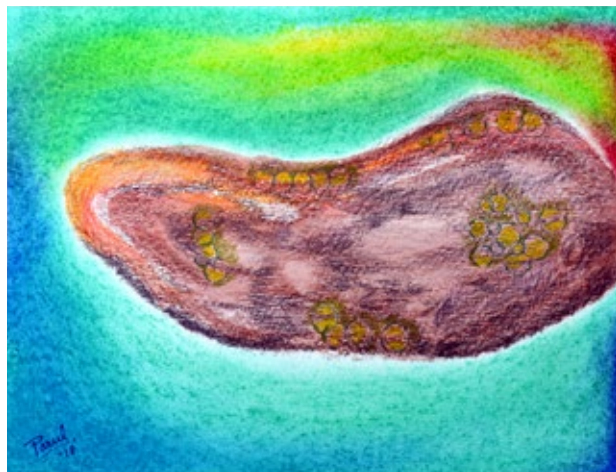


An idea forms; Floating Glory; An idea swims; An idea waits (Clockwise)
Mixed media on paper; 8.5 x 11" each

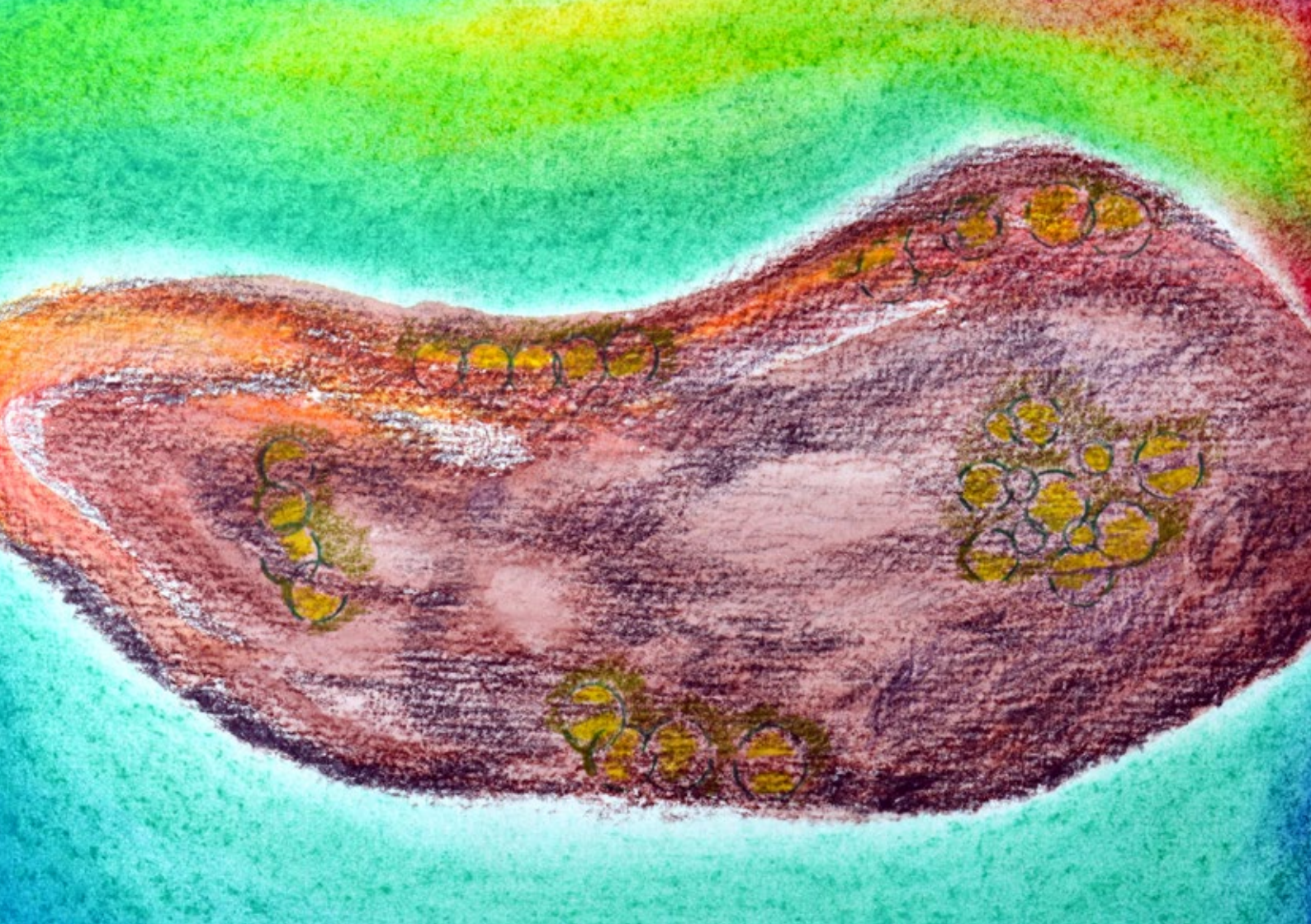








Sheltering an Emerging Idea (L); Puzzled thoughts (R)
Mixed media on paper; 8.5 x 11" each



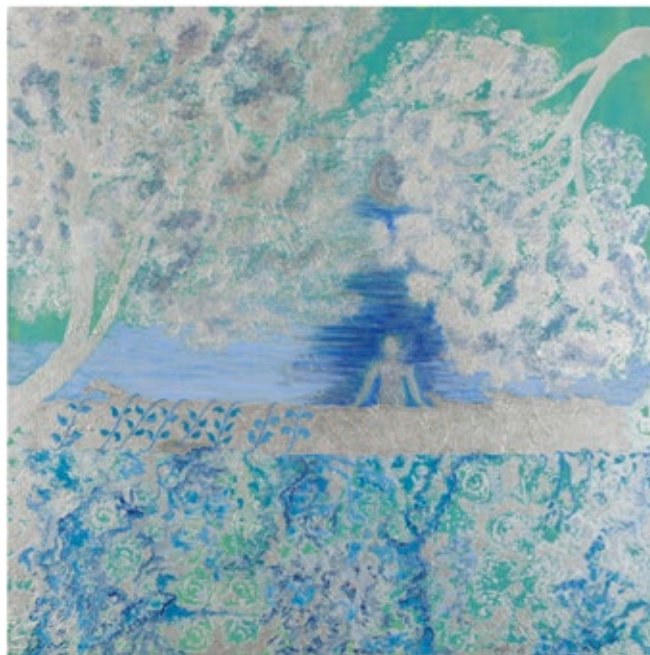




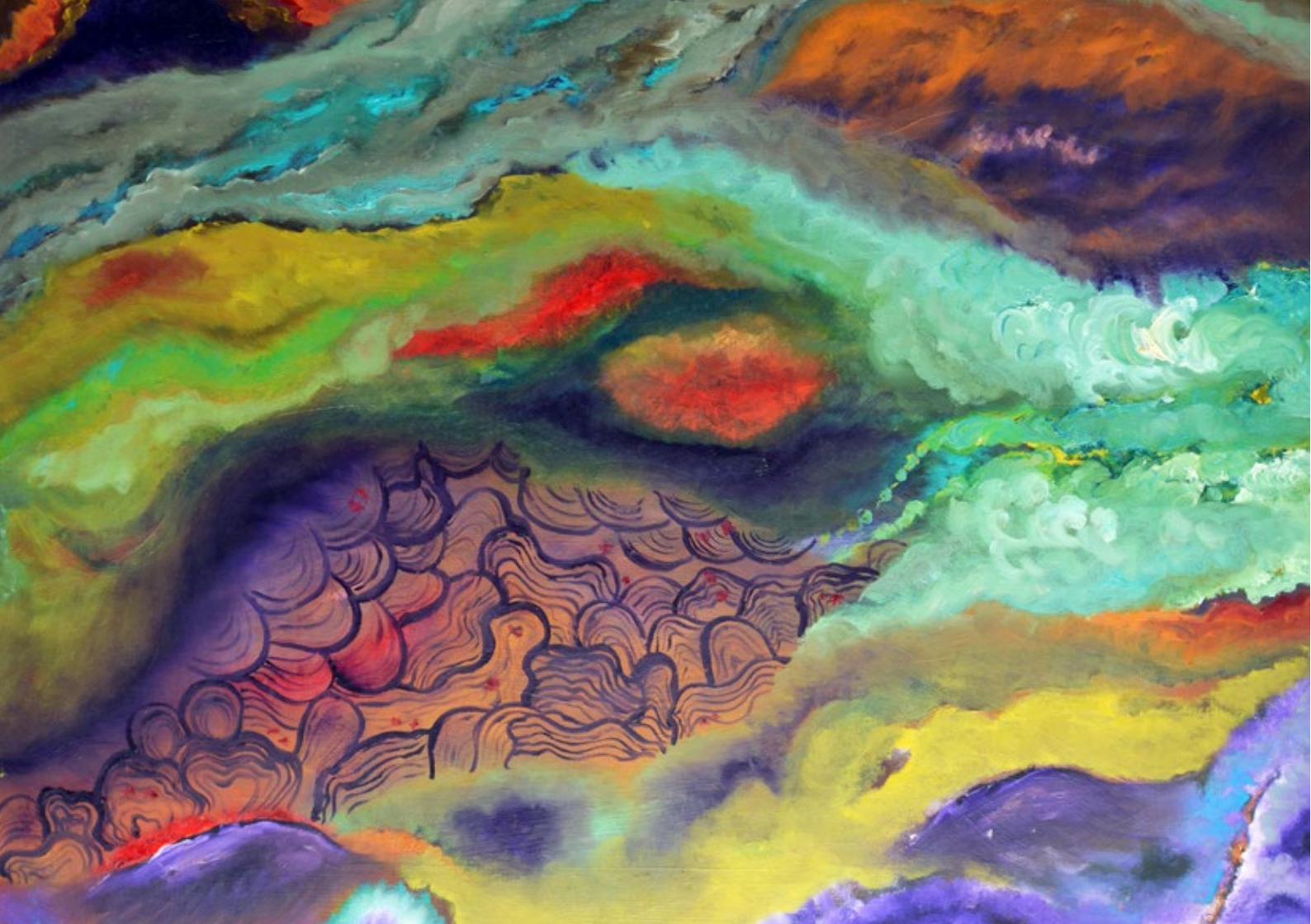
Removing the thought fossils (L); Thoughts are Alive (R)
Mixed media on paper; 8.5 x 11" each

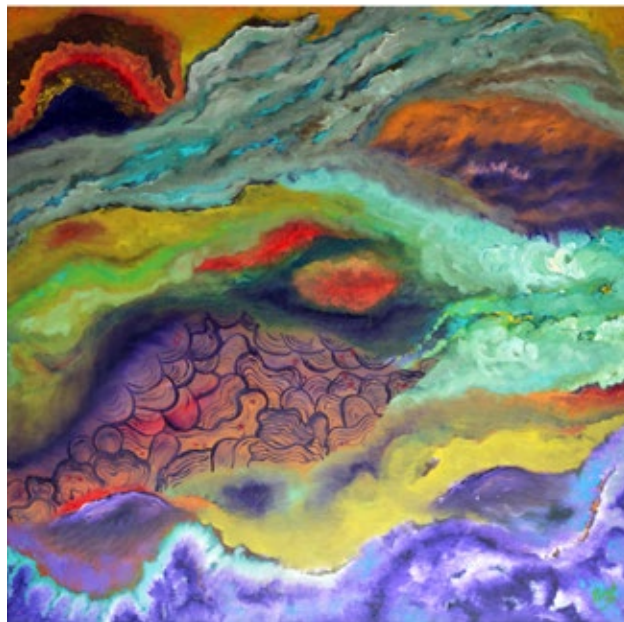


Eyes of the Cloud burst II
Acrylic on canvas; 48 x 48"



Eye of the Night Sky
Acrylic with knife on canvas; 36 x 36"

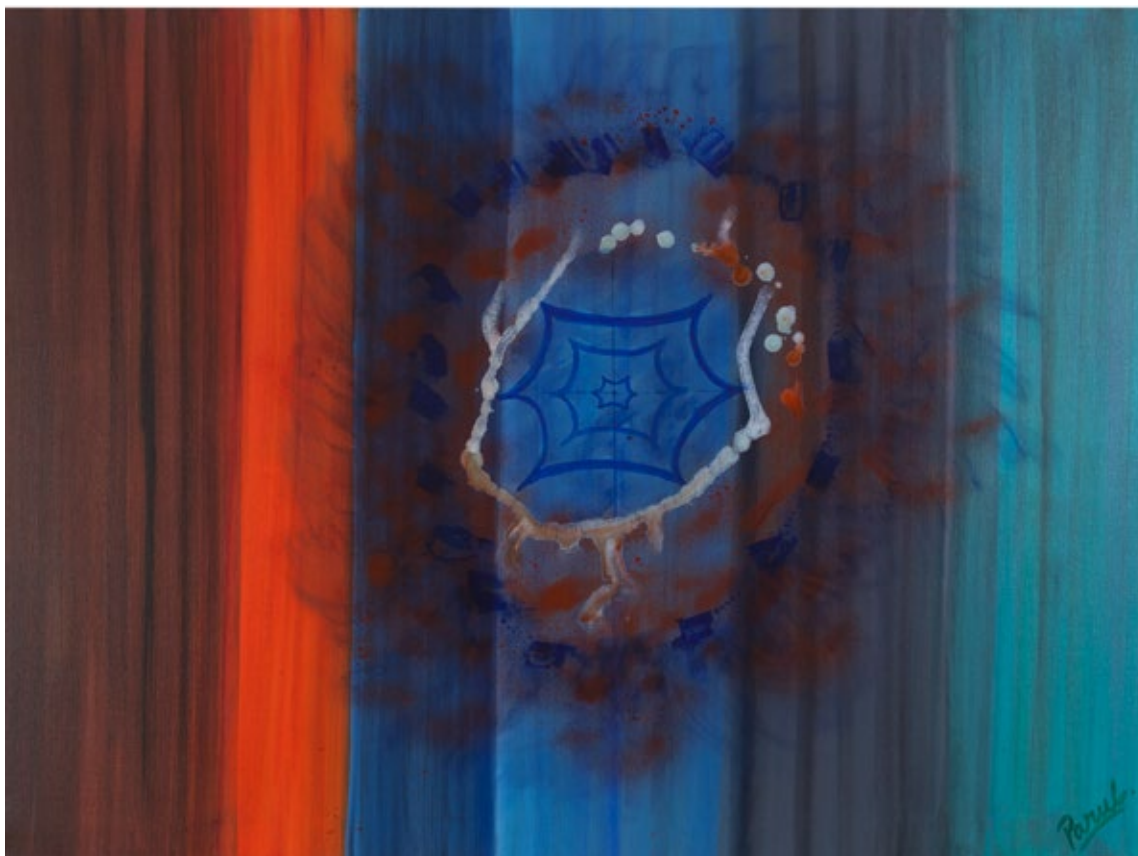




Earth is sleeping
Mixed media on canvas; 36 x 36"



The Earth Dreams
Acrylic with knife on canvas; 36 x 60"



Maya Jaal
Acrylic on canvas; 30 x 40"
Different hues of life... Entered around the web of illusion..



The Dream Swim
Acrylic on canvas; 36 x 36"





Where Ambitions grow
Acrylic on canvas; 30 x 40"



The Dreaming Dragon
Acrylic on canvas; 36 x 48"



The Wishing Bench
Acrylic on canvas; 30 x 40"

The background of the image features several broad, horizontal, grey brushstrokes that sweep across the top half of the frame. The strokes have a textured, painterly quality with visible bristles and varying shades of grey, creating a sense of movement and depth. The lower half of the image is a plain, light cream color, providing a clean backdrop for the text.

The Ideal Series

Dreams of souls who have realised the highest self.

*These four paintings reflect
the deepest, innermost thoughts of the artist.*



The Ideal State
Acrylic with knife on canvas; 24 x 36"
Exciting dreams are about to begin!



The Ideal Effort

Acrylic on canvas; 24 x 36"

No Stone unturned.....Heavy lifting without Complaining, Comparing or Criticising



The Ideal Calm

Acrylic on canvas; 24 x 36"

Storms abound, but childlike devotion stays the course



The Ideal Decision
Acrylic with knife on canvas; 24 x 36"
Resist selfishness



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